



## **7 DAYS A WEEK**

### **6:30 A.M (O-P-H) ONTARIO**

“Just for Today Attitude Adjustment”  
934 N. Mountain Ave., Upland 91786 (In the coffee area)  
Zoom ID: 85968191890 Password: JFTIEW  
**Hybrid Meeting**

## **MONDAY through FRIDAY**

### **12:00 P.M. (O-P) POMONA**

“Just for Today” High Noon  
401 N. Gibbs St., Pomona 91767  
**In Person Meeting**

## **SUNDAY**

### **5:30 P.M (O-S-P-BS) CLAREMONT**

“Living Proof” Step & Tradition/ Speaker  
509 S. College Ave., Claremont 91711  
**In Person Meeting**

### **7:00 P.M. (O-H-SP-T) UPLAND**

934 N. Mountain Ave., Upland 91786  
(Recovery Center, S.E. corner of Mountain & Foothill)  
**In Person Meeting**

## **MONDAY**

### **7:00 P.M. (O-H) ONTARIO**

“Dealers Choice”  
110 N. Vine Ave., Ontario 91762 (Basement)  
(Open on holidays)  
**In Person Meeting**

### **7:00 P.M. (O-H-SP-T) UPLAND**

“Monday Night Madness”  
934 N. Mountain Ave., Upland 91786 (No Children)  
(Recovery Center, S.E. corner of Mountain & Foothill)  
**In Person Meeting**

## **TUESDAY**

### **7:00 P.M. (O-P- LGBTQ) CLAREMONT**

“Finding Our Pride” (Claremont Center for Spiritual Living)  
509 S. College Ave., Claremont 91711  
*Candlelight Meeting, 4<sup>th</sup> Tue. Speaker Meeting*  
**In Person Meeting**

### **7:00 P.M. (O-P) RANCHO CUCAMONGA**

Men's Stag Meeting (Alano Club – Little Room)  
10980 Arrow Route 107-108, Rancho Cucamonga 91730  
**In Person Meeting**

## **TUESDAY**

### **7:00 P.M. (O-BS-P-H) UPLAND**

“Back to Basics”  
934 N. Mountain Ave., Upland 91786  
**In Person Meeting**

### **7:30 P.M. Tuesday Night Step Writing Group CHINO**

AKA “Your Sponsors Favorite Meeting”  
5559 Park Place, Chino 91710  
**In Person Meeting**

## **WEDNESDAY**

### **5:00 P.M. (O-P) ONTARIO**

“Wednesday Winners”  
812 N. Euclid Ave., Ontario 91762  
3<sup>rd</sup> Wednesday Speaker meeting  
**In Person Meeting**

### **7:00 P.M. (O-SP) MONTCLAIR**

“Wednesday Women’s Meeting”  
9950 Monte Vista Ave., Montclair 91763 (Room 9)  
*1<sup>st</sup> Wed. Speaker & Potluck at 6pm / last Wed. B-day Celebration*  
Zoom ID: 743 137 109 Password: 918995  
**Hybrid Meeting**

### **7:00 P.M. (O-P) ONTARIO**

“RAW” (Recovery At Work)  
1311 W. 5<sup>th</sup> St., Ontario 91762  
**In Person Meeting**

### **7:00 P.M. (O-P-H) POMONA**

“Getting Real”  
600 N. Garey Ave., Pomona 91767  
**In Person Meeting**

### **7:30 P.M. (O-P-H) UPLAND**

“Stick\Tag & Topic meeting”  
934 N. Mountain Ave., Upland 91786  
*(Recovery Center S/E. corner of Mountain & Foothill)*  
**In Person Meeting**

### **7:30 P.M. (O-P-T-SP) UPLAND**

“Walk the Walk”  
Stick Tag/Topic *(Speaker last Wednesday of the month)*  
3286 E. Guasti Rd. Suite 110, Ontario 91761  
**In Person Meeting**

## **THURSDAY**

### **5:30 P.M. (O-P-BS) CLAREMONT**

“Thursday Night Serenity Seekers”  
Spiritual Principle a Day Book Study  
233 Harrison Ave., Claremont 91711  
(Upstairs-Church Hall) **In Person Meeting**

### **7:30 P.M. (O-P) UPLAND**

“The Cow Bell Meeting”  
934 North Mountain Ave., Upland 91786  
**In Person Meeting**

## **THURSDAY**

### **7:30 P.M. (C-P-BS) POMONA**

“It Works How & Why”  
509 S. College Ave., Claremont 91711  
**In Person Meeting – NO CHILDREN**

## **FRIDAY**

### **7:00 P.M. (SP-O-H) POMONA**

“Atmosphere of Recovery”  
2180 Valley Blvd., Pomona, 91768  
Speaker Meeting  
**In Person Meeting**

### **7:15 P.M. (SP-O-P-H) MONTCLAIR**

“One Requirement Group”  
10643 Mills Ave., Montclair, 91763  
1<sup>st</sup> Friday Open Participation/2<sup>nd</sup>-5<sup>th</sup> Fridays Speaker  
**In Person Meeting**

### **7:30 P.M. (O-P) ONTARIO**

“Keep It Simple”  
110 N. Vine Ave., Ontario, 91762  
*(Potluck Last Friday of Every Month, Starts at 7 P.M.)* **In Person Meeting**

### **7:30 P.M. (O-P-H) UPLAND**

“Bare Bones”  
934 N. Mountain Ave., Upland 91786  
*(Recovery Center, S/E. Corner of Mountain & Foothill)*  
**In Person Meeting**

### **8:00 P.M. (O-P-H) CHINO HILLS**

“Freedom Bonfire”  
4377 Gird Ave, Chino Hills 91709 (Bring a chair)  
Potluck 3<sup>rd</sup> Friday at 7 pm  
**In Person Meeting**

## **SATURDAY**

### **10:00A.M. (C-BS) CLAREMONT**

“Gift of Hope”  
233 Harrison Ave., Claremont 91711  
(Upstairs-Church Hall)  
**In Person Meeting**

### **12:00 P.M. (O-P) POMONA**

“Saturday Nooner”  
600 N. Garey Ave., Pomona 91767  
*(Back of church, Potluck 1<sup>st</sup> Sat. of Every Month)*  
**In Person Meeting**

### **7:30 P.M. (O-P) UPLAND**

“Candlelight Meeting”  
934 N. Mountain Ave., Upland CA 91786  
**In Person Meeting**

### **7:30 P.M. (O-P) ALTA LOMA**

“In the Process” (Bonfire meeting)  
9238 19th Street, Alta Loma, 91701  
Drive through west gate & park in the backyard  
*(No one under 18 allowed)*  
**In Person Meeting**


**ALL MEETINGS ARE SUBJECT  
TO THE RULES OF FACILITIES  
TELEPHONE NUMBERS**

**PLEASE CHECK THE WEBSITE FOR  
THE MOST CURRENT INFORMATION**

<http://iewana.todayna.org>

