

**WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?**

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no pledges to sign, no promises to make to anyone. We are not connected to any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

**Area Service Meetings**

**Area Service Committee:** Meets On the 4<sup>th</sup> Sunday of every month at 12:00 P.M. - at 934 N. Mountian Ave. Upland CA ( IVRS )

**Public Relations Sub-committee:** Meets On the 4<sup>th</sup> Sunday of every month at 10:00 A.M. - at 934 N. Mountian Ave. Upland CA ( IVRS )

**Activities Sub-committee:** Meets On the 3<sup>rd</sup> Sunday of every month at 2:00 P.M. - at 934 N. Mountian Ave. Upland CA ( IVRS )

**Hospitals & Institutions Sub-committee:** Meets On the 4<sup>th</sup> Sunday of every month at 10:30 A.M. Virtual Meeting: ID: 809 170 7655 Password: 577253

**Labor Day Marathon Sub-Committee:** Meets On the 3<sup>rd</sup> Sunday of the month at 12:00 pm at 934 N. Mountain Ave. Upland, CA 91786

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N. A. name to any related facility or outside enterprise.

**MEETING CODES**

**O =Open: All welcome, addicts only participate C = Closed: for addicts only P = Participation H = Handicapped accessible S = Step Study SP= Speaker T = Topic; BS= Book Study Virtual Meetings & Hybrid Meetings see listings**

**Telephone Numbers**


**24-HOUR HELPLINE  
(909) 622-4274**

WELCOME TO RECOVERY  
WORKSHOP  
Closed until  
further notice

**Inland Empire  
West Area**

***NARCOTICS  
ANONYMOUS***

***Meeting Directory***

***June 2022***

Chino, Chino Hills, Claremont,  
East Diamond Bar, La Verne,  
Montclair, Ontario, Pomona,  
Rancho Cucamonga, East San  
Dimas, Upland

**Web Sites:** <http://iewana.todayna.org>  
<http://todayna.org>

**(909) 622-4274**

1-800-TodayNA  
1-888-Naahora (Spanish)  
In the spirit of cooperation, not  
affiliation, the Nar-Anon number for  
those who need it (800) 477-6291



# 7 DAYS A WEEK

## **6:30 A.M (O-P-H 1 HOUR) ONTARIO**

“Just for Today Attitude Adjustment”  
810 E. Princeton Ave, Ontario CA 91764 (Church)  
Zoom ID: 85968191890 Password: JFTIEW  
**Hybrid Meeting**

# SUNDAY

## **5:30 P.M (O-S-P 2 HOUR)**

“Living Proof” Step & Tradition/ Speaker  
509 S. College Ave, Claremont 91711  
Zoom ID: 809 170 7655 Password: 577253  
**Hybrid Meeting**

## **7:00 P.M. (O-H-1/2 SPKR-1/2 TOPIC-2 Hour) UPLAND**

934 N. Mountain Ave. Upland 91786  
(Recovery Center, S.E. corner of Mountain & Foothill)  
**In Person Meeting**

# MONDAY

## **7:00 P.M. (O-P-H) ONTARIO**

“Dealers Choice”  
810 Princeton St Ontario 91764  
(Church) (Open on holidays)  
**In Person Meeting**

## **8:15 P.M. (Sp-O) CLAREMONT**

“One Requirement Group”  
Zoom ID: 841 464 353  
**Virtual Meeting**

# TUESDAY

## **7:00 P.M. (O-P- LGBTQ) CLAREMONT**

“Finding Our Pride” (Claremont Center for Spiritual Living)  
509 S. College Ave, Claremont, 91711  
*Candlelight Meeting, 4<sup>th</sup> Tue. Speaker Meeting*  
**In Person Meeting**

## **7:30 P.M. Tuesday Night Step Writing Group CHINO**

AKA “Your Sponsors Favorite Meeting”  
5559 Park Ave, Chino Ave 91710  
**In Person Meeting**

## **8:05 P.M. (O-P-MEN’S) RANCHO CUCAMONGA**

Men's Stag Meeting (Allano Club – Big Room)  
10980 Arrow Route 107-108, Rancho Cucamonga 91730  
**In Person Meeting**

# WEDNESDAY

## **7:00 P.M. (O-D-SP-W-VM WOMEN’S) MONTCLAIR**

9950 Monte Vista Ave. Room #9 Montclair, 91763  
*1<sup>st</sup> Wed. Speaker / last Wed. B-day Celebration @ 6:00pm*  
Zoom ID: 743 137 109 Password: 918995  
**Hybrid Meeting**

## **7:00 P.M. (O-BK-D-WC-NS-1-3/4 HOUR) ONTARIO**

RAW (Recovery At Work)  
*810 Princeton St Ontario 91764 (Church)*  
Zoom ID: 856 614 3572 Password: rawna  
**Hybrid Meeting**

## **7:30 P.M. (O-P-H) UPLAND**

“Stick\Tag & Topic meeting”  
934 N. Mountain Ave. Upland 91786  
*(Recovery Center S/E. corner of Mountain & Foothill)*  
**In Person Meeting**

## **7:30 P.M. (O-P-T) UPLAND**

“Walk the Walk”  
Basic Book Study  
227 N. Palm, Upland CA 91786  
**In Person Meeting**

## **8:00 P.M. (O-P-H) POMONA**

“Getting Real”  
600 N. Garey Ave-Pomona 91767  
**In Person Meeting: Outside**

# THURSDAY

## **7:30 P.M. (O-D-AB) UPLAND**

“The Cow Bell Meeting”  
934 North Mountain Avenue, Upland CA 91786  
**In Person Meeting**

## **7:30 P.M. (C-D-IW-NC-ST-TR-BK-VM) POMONA**

“It Works How & Why”  
524 E. Pasadena Ave-Pomona 91767  
**In Person Meeting – NO CHILDREN**

## **8:30 P.M. (O-P 1 hour) POMONA**

“Street Wise”  
Zoom ID: 809 170 7655  
**Virtual Meeting**

# FRIDAY

## **7:30 P.M. (O-D-JT-CW-VM) ONTARIO**

“Keep It Simple”  
810 E Princeton St. Ontario, 91764  
*(Potluck Last Friday of Every Month, Starts at 7 P.M.)*  
**In Person Meeting**

## **7:30 P.M. (O-P-H) UPLAND**

“Bare Bones”  
934 N. Mountain Ave Upland 91786  
*(Recovery Center, S/E. Corner of Mountain & Foothill)*  
**In Person Meeting**

# SATURDAY

## **10:00A.M.(C-BS) ONTARIO**

“Gift of Hope”  
810 E. Princeton St-Ontario, Ca 91764  
**In Person Meeting**

## **12:00 P.M (O-P) POMONA**

“Saturday Nooner”  
600 N. Garey Ave. Pomona 91767  
*(Back of church, Potluck 1<sup>st</sup> Sat. of Every Month)*  
**In Person Meeting**

## **7:30 P.M. (O-P-CW) UPLAND**

“Candlelight Meeting”  
934 N. Mountain Ave., Upland CA 91786  
(2<sup>nd</sup> Saturday of the month is Potluck & Speaker –  
Potluck starts at 6 P.M.)  
**In Person Meeting**

## **7:30 P.M. (O-P-1 1/2Hour) ALTA LOMA**

“In the Process” (Bonfire meeting)  
9238 19th Street, Alta Loma, 91701  
Drive through west gate & park in the back yard  
*(No one under 18 allowed)*  
**In Person Meeting**

# MONDAY through FRIDAY

## **12:00 Noon (O-P-1hour) POMONA**

“Just for Today”.  
841 South Main St., Pomona CA 91764  
**In Person Meeting**

ALL MEETINGS ARE SUBJECT TO  
THE RULES OF FACILITIES  
& SOCIAL DISTANCING

**MEETINGS ARE UPDATING RAPIDLY!**


**PLEASE CHECK THE WEBSITE FOR THE MOST CURRENT INFORMATION**

<http://iewana.todayna.org>

**Telephone Numbers**

