#### WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

Narcotics Anonymous is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no pledges to sign, no promises to make to anyone. We are not connected to any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## **Area Service Meetings**

**Area Service Committee:** Meets On the 4<sup>th</sup> Sunday of every month at 12:00 P.M. Virtual Meeting: ID: 243 059 737 Password: iewna

**Public Relations Sub-committee:** Meets On the 4<sup>th</sup> Sunday of every month at 10:00 A.M. Virtual Meeting: ID: 615 264 935 Password: iewna

Activities Sub-committee: Meets On the 3<sup>rd</sup> Sunday of every month at 2:00 P.M. Virtual Meeting: ID: 642 435 561 Password: iewna

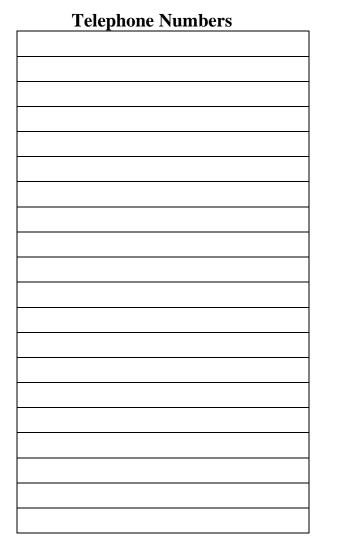
**Hospitals & Institutions Sub-committee:** Meets On the 4<sup>th</sup> Sunday of every month at 10:30 A.M. Virtual Meeting: ID: 809 170 7655 Password: 577253

Labor Day Marathon Sub-Committee: Meets On the 3<sup>rd</sup> Wednesday of the month at 12:00 pm Virtual Meeting: ID: 933 112 128 Password: iewna *Not meeting until further notice* 

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N. A. name to any related facility or outside enterprise.

#### MEETING CODES

O =Open: All welcome, addicts only participate C = Closed: for addicts only P = Participation H = Handicapped accessible S = Step Study SP= Speaker T = Topic; BS= Book Study Virtual Meetings & Hybrid Meetings see listings



# 24-HOUR HELPLINE (909) 622-4274

WELCOME TO RECOVERY WORKSHOP Closed until further notice

# Inland Empire West Area

# NARCOTICS ANONYMOUS

Meeting Directory

#### September 2021

Chino, Chino Hills, Claremont, East Diamond Bar, La Verne, Montclair, Ontario, Pomona, Rancho Cucamonga, East San Dimas, Upland

Web Sites: http://iewana.todayna.org http://todayna.org



1-800-TodayNA 1-888-Naahora (Spanish) In the spirit of cooperation, not affiliation, the Nar-Anon number for those who need it (800) 477-6291



#### **7 DAYS A WEEK**

6:30 A.M (O-P-H 1 HOUR-SAT 1 1/2 H) UPLAND "Just for Today Attitude Adjustment" 810 E. Princeton Ave, Ontario CA 91764 (Church) Zoom ID: 85968191890 Password: JFTIEW Hybrid Meeting

#### **SUNDAY**

5:30 P.M (O-S-P 2 HOUR) "Living Proof" Step & Tradition/ Speaker 509 S. College Ave, Claremont 91711 Zoom ID: 809 170 7655 Password: 577253 Hybrid Meeting

7:00 P.M. (O-H-1/2 SPKR-1/2 TOPIC-2 Hour) UPLAND 934 N. Mountain Ave. Upland 91786 (Recovery Center, S.E. corner of Mountain & Foothill) In Person Meeting

#### **MONDAY**

7:00 P.M. (O-P-H) ONTARIO

"Dealers Choice" 810 Princeton St Ontario 91764 (Church) (Open on holidays) In Person Meeting

8:15 P.M. (Speaker-O-P) CLAREMONT "One Requirement Group" 509 S. College Ave, Claremont 91711 Zoom ID: 841 464 353 Hybrid Meeting

#### **TUESDAY**

7:30 P.M. Tuesday Night Step Writing Group CHINO AKA "Your Sponsors Favorite Meeting" 5559 Park Ave, Chino Ave 91710 In Person Meeting

8:05 P.M. (O-P-MEN'S) RANCHO CUCAMONGA Men's Stag Meeting (Allano Club – Big Room) 10980 Arrow Route 107-108, Rancho Cucamonga 91730 In Person Meeting

### **WEDNESDAY**

7:00 P.M. (O-D-SP-W-VM WOMEN'S) MONTCLAIR 9950 Monte Vista Ave. Room #9 Montclair, 91763 1<sup>st</sup> Wed. Speaker / last Wed. B-day Celebration @ 6:00pm Zoom ID: 743 137 109 Password: 918995 Hybrid Meeting:

7:00 P.M. (O-BK-D-WC-NS-1-3/4 HOUR) ONTARIO RAW (Recovery At Work) 10 Princeton St Ontario 91764 (Church) Zoom ID: 856 614 3572 Password success Hybrid Meeting

7:30 P.M. (O-P-H) UPLAND "Stick\Tag & Topic meeting" 934 N. Mountain Ave. Upland 91786 (Recovery Center S/E. corner of Mountain & Foothill) In Person Meeting

**7:30 P.M. (O-P-T) UPLAND** "Walk the Walk" Basic Book Study 239 W. 9<sup>th</sup> St, Upland CA 91786

8:00 P.M. (O-P-H) POMONA "Getting Real" 600 N. Garey Ave-Pomona 91767 In Person Meeting: Outside

#### **THURSDAY**

7:30 P.M. (O-D-AB) UPLAND
"The Cow Bell Meeting"
934 North Mountain Avenue, Upland CA 91786 In Person Meeting

7:30 P.M. (C-D-IW-NC-ST-TR-BK-VM) POMONA "It Works How & Why" 524 E. Pasadena Ave-Pomona 91767 In Person Meeting

8:30 P.M. (O-P 1 hour) POMONA "Street Wise" Zoom ID: 809 170 7655 Virtual Meeting

## <u>FRIDAY</u>

7:30 P.M. (O,D,JT,CW,VM.) ONTARIO "Keep It Simple" 810 E Princeton St. Ontario, 91764 In Person Meeting

**7:30 P.M. (O-P-H) UPLAND** "Bare Bones"

934 N. Mountain Ave Upland 91786 (Recovery Center, S/E. Corner of Mountain & Foothill) In Person Meeting

## **SATURDAY**

10:00A.M.(C-BS) ONTARIO "Gift of Hope" 810 E. Princeton St-Ontario, Ca 91764 In Person Meeting

12:00 P.M (O-P-) POMONA "Saturday Nooner" 600 N. Garey Ave. Pomona 91767 (Back of church) In Person Meeting

7:30 P.M. (O-P-1 1/2Hour) ALTA LOMA "In the Process" (Bonfire meeting) 9238 19th Street, Alta Loma, 91701 Drive through west gate & park in the back yard (No one under 18 allowed) In Person Meeting

#### **MONDAY through FRIDAY**

12:00 Noon (O-P-1hour) POMONA "Just for Today". 667 West Holt Blvd, Pomona CA 91764 In Person Meeting

ALL MEETINGS ARE SUBJECT TO THE RULES OF FACILITIES & SOCIAL DISTANCING

#### **MEETINGS ARE UPDATING RAPIDLY!**

PLEASE CHECK THE WEBSITE FOR THE MOST CURRENT INFORMATION http://iewana.todayna.org

#### **Telephone Numbers**

