

**WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?**

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no pledges to sign, no promises to make to anyone. We are not connected to any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

**Area Service Meetings**

**Area Service Committee:** Meets On the 4<sup>th</sup> Sunday of every month at 12:00 P.M. Virtual Meeting: ID: 243 059 737 Password: iewna

**Public Relations Sub-committee:** Meets On the 4<sup>th</sup> Sunday of every month at 10:00 A.M. Virtual Meeting: ID: 615 264 935 Password: iewna

**Activities Sub-committee:** Meets On the 3<sup>rd</sup> Sunday of every month at 2:00 P.M. Virtual Meeting: ID: 642 435 561 Password: iewna

**Hospitals & Institutions Sub-committee:** Meets On the 4<sup>th</sup> Sunday of every month at 10:30 A.M. Virtual Meeting: ID: 809 170 7655 Password: 577253

**Labor Day Marathon Sub-Committee:** Meets On the 3<sup>rd</sup> Wednesday of the month at 12:00 pm Virtual Meeting: ID: 933 112 128 Password: iewna

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N. A. name to any related facility or outside enterprise.

**MEETING CODES**

**O =Open: All welcome, addicts only participate** **C = Closed: for addicts only** **P = Participation** **H = Handicapped accessible** **S = Step Study** **SP= Speaker** **T = Topic**; **BS= Book Study**  
**Virtual Meetings & Hybrid Meetings see listings**

**Telephone Numbers**


**24-HOUR HELPLINE  
 (909) 622-4274**

WELCOME TO RECOVERY  
 WORKSHOP  
 Closed until  
 further notice

**Inland Empire  
 West Area**

***NARCOTICS  
 ANONYMOUS***

***Meeting Directory***

***October 2020***

Chino, Chino Hills, Claremont,  
 East Diamond Bar, La Verne,  
 Montclair, Ontario, Pomona,  
 Rancho Cucamonga, East San  
 Dimas, Upland

**Web Sites: <http://iewana.todayna.org>  
<http://todayna.org>**

**(909) 622-4274**

1-800-TodayNA  
 1-888-Naahora (Spanish)  
 In the spirit of cooperation, not  
 affiliation, the Nar-Anon number for  
 those who need it (800) 477-6291



## 7 DAYS A WEEK

**6:30 A.M (O-P-H 1 HOUR-SAT 1 1/2 H) UPLAND**  
“Just for Today Attitude Adjustment” Hybrid Meeting:  
810 E. Princeton Ave, Upland CA 91786 (Church)  
Zoom ID: 8596819180#success Password: JFTIEW

**7:00 P.M (O-P-H-T ESPANOL) ONTARIO**  
“Grupo Serenidad”  
**Closed until further notice due to Covid 19**

## SUNDAY

**11:00 A.M. (O-P-H) POMONA**  
“Marble Meeting” Virtual Meeting:  
Zoom ID: 329 062 862 Password: Highnoon

**5:30 P.M (O-S-P 2 HOUR) Claremont**  
“Living Proof” Step & Tradition/ Speaker/  
509 S College Ave, Claremont, 91711  
Hybrid Meeting: **Both Physical and Zoom**  
Zoom ID: 809 170 7655 Password: 577253

**5:30 P.M (O-P-T 1 HOUR) Rancho Cucamonga**  
“NA There is Hope” Virtual Meeting:  
Zoom ID: 267 574 731 Password: 042588

**7:00 P.M. (O-H-1/2 SPKR-1/2 TOPIC-2 Hour) UPLAND**  
**Closed until further notice due to covid 19**

**7:30 P.M. (O-P-Speaker) POMONA**  
“Basically Speaking”  
**Closed until further notice due to covid 19**

## MONDAY

**7:00 P.M. (O-P-H) ONTARIO**  
“Dealers Choice”  
810 Princeton St Ontario 91764  
(Church) (Open on holidays)  
**Physical only**

**7:30 P.M. (O-P) UPLAND**  
“Together We Grow”  
**Closed until further notice due to covid 19**

**7:30 P.M (O-P-H) POMONA**  
“Candlelight Meeting”  
**Closed until further notice due to covid 19**

**8:00 pm (O-P-H) POMONA**  
“Getting Real”  
600 N. Garey Avenue Pomona 91767  
**Physical only**

**8:15 P.M. (O-P) CLAREMONT**  
“One Requirement Group” Virtual Meeting:  
Zoom ID: 841 464 353

## TUESDAY

**7:00 P.M. (O-WOMEN) UPLAND**  
NA Book Study  
**Closed until further notice due to covid 19**

**7:30 P.M. (O-P-S) POMONA**  
“Stepping into Recovery”  
**Closed until further notice due to covid 19**

**7:00 P.M. (O-D-NC-OUT-TAG) POMONA**  
“Clean and Crazy Tag”  
**1535 Holt Ave, Pomona 91766**  
**Outside Meeting Only in Person**

**7:30 P.M. (O-P-MEN’S) RANCHO CUCAMONGA**  
Men’s Stag  
1108 W. 9th St, Upland, California, 91786  
Hybrid Meeting: **Both Physical and Zoom**  
Zoom ID: 853 182 487 Password: 661988

**7:30 P.M. (O-P) UPLAND**  
“Feelings”  
**Closed until further notice due to covid 19**

**7:30 P.M. Tuesday Night Step Writing Group CHINO**  
AKA “Your Sponsors Favorite Meeting”  
**Closed until further notice due to covid 19**

## WEDNESDAY

**12:00 Noon (O-P) UPLAND**  
“Recovery for Lunch”  
**Closed until further notice due to covid 19**

**7:00 P.M. (O-D-SP-W-VM WOMEN’S) MONTCLAIR**  
9950 Monte Vista Ave. Room #9 Montclair, 91763  
*1<sup>st</sup> Wed. Speaker last Wed. 6:00pm*  
**Hybrid/Virtual Meeting physically opens July 8th**  
Zoom ID: 743 137 109 Password: 918995

**7:00 P.M. (O-BK-D-WC-NS-1-3/4 HOUR) ONTARIO**  
RAW (Recovery At Work)  
*810 Princeton St Ontario 91764 (Church)*  
Hybrid Meeting: **Both Physical and Zoom**  
Zoom ID: 856 614 3572 Password success

**7:30 P.M. (O-P-H-T) UPLAND**  
“Stick Around” Stick Tag Meeting  
**Closed until further notice due to covid 19**

**7:30 P.M. (O-P-T) RANCHO CUCAMONGA**  
“Walk the Walk”  
**Closed until further notice due to covid 19**

**8:00 P.M. (O-P-H) POMONA**  
**Getting Real - Virtual Meeting**  
600 N. Garey Ave-Pomona  
In person outside only

## THURSDAY

**7:30 P.M. (O-D-AB) Upland**  
The Cow Bell Meeting  
Greenbelt Park  
1500 W. 15<sup>th</sup> Street Upland, Ca. 91786  
7th Tradition: Zelle/Venmo: (909)587-8966  
**Physical only**

**7:30 P.M. (C-D-IW-NC-ST-TR-BK-VM)POMONA**  
It Works How & Why - Hybrid Meeting:  
524 E. Pasadena Ave-Pomona 91767  
Zoom ID: 403 565 072 Password: iewna

**8:30 P.M. (O-P 1 hour) POMONA**  
Street Wise - Virtual Meeting  
Zoom ID: 809 170 7655

## FRIDAY

**7:30 P.M. (1-1/2 HOUR) ONTARIO**  
“Keep It Simple”  
810 E Princeton St. Ontario, 91764  
Potluck last Friday of the month  
**Physical only**

**7:30 P.M. (O-P-H) UPLAND**  
“Everybody’s Meeting”  
**Closed until further notice due to covid 19**

**7:30 P.M. (O) ONTARIO**  
“No Matter What”  
Church: 203 East G Street, Ontario, 91764  
Corner of Lemon St and G St  
**Physical only**

**7:30 P.M. (O,D,JT,CW,VM.) ONTARIO**  
Keep it Simple - Virtual Meeting:  
Zoom ID: 459 014 955 Password: 182085

**8:00 P.M. (O-P-H) POMONA**  
“Friday Night Live”  
**Closed until further notice due to covid 19**

**8:00 P.M. (O, SP,4W) UPLAND**  
Sharing the Journey - Virtual Meeting:  
Zoom ID: 204 441 1210 Password: 4V7t8T

## SATURDAY

**10:00A.M.(C-BS) ONTARIO**  
“Gift of Hope”Hybrid Meeting: **Both Physical and Zoom**  
810 E. Princeton St-Ontario, Ca 91764  
Zoom ID: 279 685 8989 Password: 578684

**12:00 P.M (O-P-) POMONA**  
“Saturday Nooner”  
600 N. Garey Ave. Pomona 91767  
Bback of church)

**Physical only**

**7:30 P.M. (O-P-H) UPLAND**  
“Candlelight”  
**Closed until further notice due to covid 19**

**7:30 P.M. (O-P-1 1/2Hour) ALTA LOMA**  
“In the Process” (Bonfire meeting)  
9238 19th Street, Alta Loma, 91701  
Drive through west gate & park in the back yard  
(No one under 18 allowed)  
**Physical only**

## MONDAY through FRIDAY

12:00 Noon (O-P-1hour) POMONA  
“Just for Today”.  
667 W. Holt Blvd. Pomona, 91768  
(Between White and Hamilton)  
Zoom ID: 329 062 862 Password: Highnoon  
**Kids Welcome**

## ALL MEETINGS ARE SUBJECT TO THE RULES OF FACILITIES & SOCIAL DISTANCING

**MEETINGS ARE UPDATING  
RAPIDLY!  
PLEASE CHECK THE WEBSITE FOR  
THE MOST CURRENT  
INFORMATION**

<http://iewana.todayna.org>