

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no pledges to sign, no promises to make to anyone. We are not connected to any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meetings

Area Service Committee: Meets On the 4th Sunday of every month at 12:00 P.M. Virtual Meeting: ID: 243 059 737 Password: iewna

Public Relations Sub-committee: Meets On the 4th Sunday of every month at 10:00 A.M. Virtual Meeting: ID: 615 264 935 Password: iewna

Activities Sub-committee: Meets On the 3rd Sunday of every month at 2:00 P.M. Virtual Meeting: ID: 642 435 561 Password: iewna

Hospitals & Institutions Sub-committee: Meets On the 4th Sunday of every month at 10:30 A.M. Virtual Meeting: ID: 809 170 7655 Password: 577253

Labor Day Marathon Sub-Committee: Meets On the 3rd Wednesday of the month at 12:00 pm Virtual Meeting: ID: 933 112 128 Password: iewna

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N. A. name to any related facility or outside enterprise.

MEETING CODES

**O =Open: All welcome, addicts only participate C = Closed: for addicts only P = Participation H = Handicapped accessible S = Step Study SP= Speaker T = Topic; BS= Book Study
Virtual Meetings & Hybrid Meetings see listings**

Telephone Numbers

**24-HOUR HELPLINE
(909) 622-4274**

**WELCOME TO RECOVERY
WORKSHOP
Closed until
further notice**

Inland Empire West Area

NARCOTICS ANONYMOUS

Meeting Directory

July 2020

Chino, Chino Hills, Claremont,
East Diamond Bar, La Verne,
Montclair, Ontario, Pomona,
Rancho Cucamonga, East San
Dimas, Upland

**[Web Sites: http://iewana.todayna.org](http://iewana.todayna.org)
<http://todayna.org>**

(909) 622-4274

1-800-TodayNA
1-888-Naahora (Spanish)
In the spirit of cooperation, not
affiliation, the Nar-Anon number for
those who need it (800) 477-6291



7 DAYS A WEEK

6:30 A.M (O-P-H 1 HOUR-SAT 1 1\2 H) UPLAND
“Just for Today Attitude Adjustment” Virtual Meeting:
Zoom ID: 869 0334 3711 Password: JFTIEW

7:00 P.M (O-P-H-T ESPANOL) ONTARIO
“Grupo Serenidad”
Closed until further notice due to Covid 19

SUNDAY

11:00 A.M. (O-P-H) POMONA
“Marble Meeting” Virtual Meeting:
Zoom ID: 329 062 862 Password: Highnoon

5:30 P.M (O-S-P 2 HOUR) Claremont
“Living Proof” Step & Tradition/ Speaker/
509 S College Ave, Claremont, 91711
Hybrid Meeting: **Both Physical and Zoom**
Zoom ID: 809 170 7655 Password: 577253

5:30 P.M (O-P-T 1 HOUR) Rancho Cucamonga
“NA There is Hope” Virtual Meeting:
Zoom ID: 267 574 731 Password: 042588

7:00 P.M. (O-H-1/2 SPKR-1/2 TOPIC-2 Hour) UPLAND
Closed until further notice due to covid 19

7:30 P.M. (O-P-Speaker) POMONA
“Basically Speaking”
Closed until further notice due to covid 19

MONDAY

7:00 P.M. (O-P-H) ONTARIO
“Dealers Choice”
810 Princeton St Ontario 91764
(Church) (Open on holidays)
Physical only

7:30 P.M. (O-P) UPLAND
“Together We Grow”
Closed until further notice due to covid 19

7:30 P.M (O-P-H) POMONA
“Candlelight Meeting”
Closed until further notice due to covid 19

8:00 pm (O-P-H) POMONA
“Getting Real”
600 N. Garey Avenue Pomona 91767
Physical only

8:15 P.M. (O-P) CLAREMONT
“One Requirement Group” Virtual Meeting:
Zoom ID: 841 464 353

TUESDAY

7:00 P.M. (O-WOMEN) UPLAND
NA Book Study
Closed until further notice due to covid 19

7:30 P.M. (O-P-S) POMONA
“Stepping into Recovery”
Closed until further notice due to covid 19

7:30 P.M. (O-P-MEN’S) RANCHO CUCAMONGA
Men’s Stag
1108 W. 9th St, Upland, California, 91786
Hybrid Meeting: **Both Physical and Zoom**
Zoom ID: 853 182 487 Password: 661988

7:30 P.M. (O-P) UPLAND
“Feelings”
Closed until further notice due to covid 19

7:30 P.M. Tuesday Night Step Writing Group CHINO
AKA “Your Sponsors Favorite Meeting”
Closed until further notice due to covid 19

8:00 P.M. (O-P-H-TAG) POMONA
“Clean and Crazy Tag”
Closed until further notice due to covid 19

WEDNESDAY

12:00 Noon (O-P) UPLAND
“Recovery for Lunch”
Closed until further notice due to covid 19

7:00 P.M. (O-P-WOMEN’S) MONTCLAIR
9950 Monte Vista Ave. Room #9 Montclair, 91763
1st Wed. Speaker last Wed. 6:00pm
Hybrid/Virtual Meeting physically opens July 8th
Zoom ID: 743 137 109 Password: 918995

7:00 P.M. (O-BK-D-WC-NS-1-3/4 HOUR) ONTARIO
RAW (Recovery At Work)
810 Princeton St Ontario 91764 (Church)
Hybrid Meeting: **Both Physical and Zoom**
Zoom ID: 856 614 3572

7:30 P.M. (O-P-H-T) UPLAND
“Stick Around” Stick Tag Meeting
Closed until further notice due to covid 19

7:30 P.M. (O-P-T) RANCHO CUCAMONGA
“Walk the Walk”
Closed until further notice due to covid 19

8:00 P.M. (O-P-H) POMONA
Getting Real - Virtual Meeting
Zoom ID: 809 170 7655

THURSDAY

7:30 P.M. (O-P) UPLAND
The Cow Bell Meeting
Greenbelt Park
1500 W. 15th Street Upland, Ca. 91786
7th Tradition: Zelle/Venmo: (909)587-8966
Physical only

7:30 P.M. (C-S) POMONA
It Works How & Why - Virtual Meeting:
Zoom ID: 403 565 072 Password: iewna

8:30 P.M. (O-P 1 hour) POMONA
Street Wise - Virtual Meeting
Zoom ID: 809 170 7655

FRIDAY

7:30 P.M. (1-1/2 HOUR) ONTARIO
“Keep It Simple”
810 E Princeton St. Ontario, 91764
Potluck last Friday of the month
Physical only

7:30 P.M. (O-P-H) UPLAND
“Everybody’s Meeting”
Closed until further notice due to covid 19

7:30 P.M. (O) ONTARIO
“No Matter What”
Church: 203 East G Street, Ontario, 91764
Corner of Lemon St and G St
Physical only

7:30 P.M. (O,D,JT,CW,VM.) ONTARIO
Keep it Simple - Virtual Meeting:
Zoom ID: 459 014 955 Password: 182085

8:00 P.M. (O-P-H) POMONA
“Friday Night Live”
Closed until further notice due to covid 19

8:00 P.M. (O, SP,4W) UPLAND
Sharing the Journey - Virtual Meeting:
Zoom ID: 204 441 1210 Password: 4V7t8T

SATURDAY

10:00A.M.(C-BS) ONTARIO
“Gift of Hope”
Hybrid Meeting: **Both Physical and Zoom**
Zoom ID: 727 202 922 Password: 046155

12:00 P.M (O-P-) POMONA
“Nooners”
600 N. Garey Ave. Pomona 91767
(back of church)
Hybrid Meeting: **Both Physical and Zoom**
Zoom ID: 329 062 862 Password: Highnoon

7:30 P.M. (O-P-H) UPLAND
“Candlelight”
Closed until further notice due to covid 19

7:30 P.M. (O-P-1 1/2Hour) ALTA LOMA
“In the Process” (Bonfire meeting)
9238 19th Street, Alta Loma, 91701
Drive through west gate & park in the back yard
(No one under 18 allowed)
Physical only

MONDAY through FRIDAY

12:00 Noon (O-P-1hour) POMONA
“Just for Today”.
667 W. Holt Blvd. Pomona, 91768
(Between White and Hamilton)
Zoom ID: 329 062 862 Password: Highnoon
Kids Welcome

ALL MEETINGS ARE SUBJECT TO THE RULES OF FACILITIES & SOCIAL DISTANCING

**MEETINGS ARE UPDATING
RAPIDLY!
PLEASE CHECK THE WEBSITE FOR
THE MOST CURRENT
INFORMATION**

<http://iewana.todayna.org>