

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no pledges to sign, no promises to make to anyone. We are not connected to any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meetings

Area Service Committee meetings are held at A.R.C. located at 2180 W. Valley Blvd. Pomona CA 91768, on the 4th Sunday of every month at 12:00 P.M.

Public Relations Sub-committee meets at A.R.C. located at 2180 W. Valley Blvd, Pomona CA 91768, on the 4th Sunday of every month at 10:00 A.M.

Activities Sub-committee meets at 934 N. Mountain Ave, Upland CA 91786 (Recovery Center) on the 3rd Sunday of every month at 2:00 P.M.

Hospitals & Institutions Sub-committee meets at A.R.C. located at 2180 W. Valley Blvd. Pomona CA 91768 on the 4th Sunday of every month at 10:30 A.M.

Labor Day Marathon Sub-committee meets at 934 N. Mountain Ave, Upland CA 91786 (Recovery Center, small room), on the 3rd Wednesday of the month at 7:00 pm

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N. A. name to any related facility or outside enterprise.

MEETING CODES

- O =Open: All welcome, addicts only participate**
- C = Closed: for addicts only**
- P = Participation**
- H = Handicapped accessible**
- S = Step Study SP= Speaker**
- T = Topic; BS= Book Study**

Telephone Numbers

Inland Empire West Area

NARCOTICS ANONYMOUS

Meeting Directory

March 2019

Chino, Chino Hills, Claremont, East Diamond Bar, La Verne, Montclair, Ontario, Pomona, Rancho Cucamonga, East San Dimas, Upland

[Web Site: http://iewana.todayna.org](http://iewana.todayna.org)

(909) 622-4274

1-800-TodayNA

1-888-Naahora (Spanish)

In the spirit of cooperation, not affiliation, the Nar-Anon number for those who need it (800) 477-6291

24-HOUR HELPLINE
(909) 622-4274

WELCOME TO RECOVERY WORKSHOP
2nd Wednesday of each Month 5:30pm (O)

812 N. Euclid Ave.
Ontario Ca. 91762



7 DAYS A WEEK

6:30 A.M (O-P-H 1 HOUR-SAT 1 1/2 H) UPLAND

“Just for Today Attitude Adjustment”
934 N. Mountain Ave. Upland 91786
(Recovery Center S/E. Corner Mountain & Foothill)

7:00 P.M (O-P-H-T ESPANOL) ONTARIO

207 S. Fern Ave. Ontario 91762
“Groupo Serenidad”

SUNDAY

11:00 A.M. (O-P-H) POMONA

“Marble Meeting”
667 Holt Ave
Pomona, Ca 91768
(Between White and Hamilton)

5:30 P.M (O-S-P 2 HOUR) Claremont

“Living Proof” Step & Tradition/ Speaker
509 S College Ave, Claremont, Ca 91711

5:30 P.M (O P- 1 HOUR) Rancho Cucamonga

“NA There is Hope”
10980 Arrow Blvd,
Rancho Cucamonga, CA 91730
Valley Alano Club

7:00 P.M. (O-H-1/2 SPKR-1/2 TOPIC-2 Hour) UPLAND

934 N. Mountain Ave. Upland 91786
(Recovery Center, S.E. corner of Mountain & Foothill)

7:30 P.M. (O-P-Speaker) POMONA

“Basically Speaking”
2180 Valley Blvd Pomona 91768
(Recovery Center)

MONDAY

7:00 PM (O-P-H) ONTARIO

“Dealers Choice”
810 Princeton St Ontario 91764
Free Will Baptist Church
(Open on holidays)

7:30 P.M. (C-P-MEN’S) UPLAND

“Men Stick Together and Grow”
934 N. Mountain Ave. Upland 91786
(Recovery Center S E Corner Mountain & Foothill)
SPEAKER LAST MONDAY OF MONTH

7:30 P.M (O-P-H) POMONA

“Candlelight Meeting”
667 Holt Ave Pomona 91768

TUESDAY

7:00 PM (O-WOMEN) UPLAND

NA Book Study
Inland Valley Campus
1260 E. Arrow Hwy Upland 91786
(1 Hour meeting)

7:30 P.M. (O-P-S) POMONA

“Stepping into Recovery”
2180 W. Valley Blvd Pomona 91768
(Step study Basic Text)

7:30 P.M. (O-P-MEN’S) RANCHO CUCAMONGA

“Men Stag”
10912 Jersey Blvd., Rancho Cucamonga, Ca 91730

7:30 P.M. (O-P) UPLAND

“Feelings”
934 N. Mountain Ave. Upland 91786
(Recovery Center S./E. corner of Mountain & Foothill)

7:30PM (Men’s). UPLAND

“No Holding Back”
1260 E. Arrow Hwy Upland 91786

7:30PM Tuesday Night Step Writing Group CHINO

AKA “Your Sponsors Favorite Meeting”
5559 Park Place
Room 2 in Courtyard across from Gymnasium

8:00 P.M. (O-P-H-TAG) POMONA

“Clean and Crazy Tag”
1781 W. 9th St. Church Pomona 91766
(Church, West of Hwy 71 – South of Mission)

WEDNESDAY

12:00 Noon (O-P) UPLAND

“Recovery for Lunch”
934 N Mountain Ave Upland 91786
(POTLUCK)

7:00 P.M. (O-P-WOMEN’S) MONTCLAIR

9950 Monte Vista Ave. Room #9 Montclair, Ca91763
1st Wed. Speaker last Wed. 6:00pm Potluck & birthday

7:30 P.M. (O-P-H) UPLAND

“Stick\Tag & Topic meeting”
934 N. Mountain Ave. Upland 91786
(Recovery Center S/E. corner of Mountain & Foothill)

7:30 P.M. (O-P-T) RANCHO CUCAMONGA

“Walk the Walk”
Basic Book Study
9531 Pittsburg Ave. Rancho Cucamonga 91730

7:30 P.M. (O-P-T) RANCHO CUCAMONGA

“Walk the Walk”
Basic Book Study
9531 Pittsburg Ave. Rancho Cucamonga 91730

8:00 P.M. (O-P-H) POMONA

“Getting Real” 600 N. Garey Ave. Pomona 91767 (No Pets)

THURSDAY

7:30pm UPLAND (O-P)

“Recovery Equals Hope”
934 N. Mountain Ave Upland 91786
(Recovery Center S/E. corner of Mountain & Foothill)

7:30 P.M. (C-S) POMONA

“It Works How and Why: Step & Tradition Study”
524 E. Pasadena/Downstairs Pomona 91767
(No Children or pets Church, North of Holt Ave. East of Towne)

8:3P.M. (O-P 1 hour) POMONA

“Street Wise”
667 W. Holt Pomona 91768
(Between White & Hamilton)

FRIDAY

7:30 P.M. (1-1/2 HOUR) ONTARIO

“Keep It Simple”
810 E Princeton St. Ontario, Ca 91764
Potluck & Speaker last Friday of month

7:30 P.M. (O-P-H) UPLAND

“Everybody’s Meeting”
934 N. Mountain Ave Upland 91786
(Recovery Center, S/E. Corner of Mountain & Foothill)

7:30 PM (O) ONTARIO

“No Matter What”
203 E. G St. Ontario 9176 4 (Corner of G & Lemon)

8:00 P.M. (O-P-H) POMONA

“Friday Night Live”
2180 W. Valley Blvd. Pomona 91768
Speaker Mtg/Op Last Fri Steps 1-2-3

8:00 P.M. (O, SP,4W) UPLAND

“Sharing the Journey”
951 W. Foothill Blvd.
The Meeting Place
Enter by the back door only

SATURDAY

10:00A.M.(C-BS) MONTCLAIR

“Gift of Hope”
9950 Monte Vista Ave. Montclair, Ca 91763
Room # 14

12:30 Noon (O-P-) MONTCLAIR

“Nooners”
9950 Monte Vista Ave Montclair, Ca 91763
Room # 14

7:30 P.M. (O-P-H) UPLAND

“Candlelight”
934 N. Mountain Ave. Upland 91786
(Recovery Center, S/E. Corner of Mountain & Foothill)

7:30 P.M. (O-P-1 1/2Hour) ALTA LOMA

“In the process” (Bonfire meeting)
9238 19th St. Alta Loma 91701
(Enter through west gate & park in the back)
(No one under 18 allowed)

MONDAY through FRIDAY

12:00 Noon (O-P-1hour) POMONA

“Just for Today”
667 Holt Ave Pomona Ca 91768
(Between White and Hamilton)
Kids Welcome

ALL MEETINGS ARE SUBJECT TO THE RULES OF FACILITIES